

Practice Opportunities for May 2024

Practices requiring empowerment are marked with *				
Location	Online	Date	Description	Access
PPI, California	yes	Wed. May 1, 6 pm	Red Tara* tsog.	Email office@atiling.org for access
Amrita Seattle	yes	Wed. May 1, 7 pm	Precious Echoes ¹	https://amritaseattle.org/lives-tream/
Rigdzin Ling	yes	Thurs. May 2, 5 pm	Chenrezig* tsog	https://www.chagdudgonpa.org/upcoming-schedule/chenrezig-tsog-feast-2
Amrita Seattle	yes	Thurs. May 2, 7:30 pm	Chenrezig* tsog & teachings with Lama Padma	https://amritaseattle.org/lives-tream/
Whitehorse	no	Fri. May 3, 1 to 4 pm	Riwo Sangchod and Wish-Fulfilling Essence* with tsog.	Call 667-6951 for info
Whitehorse	no	Sun. May 5, 11 am	Shamatha and Concise Red Tara	Sacred Room of the Kwanlin Dün Cultural Centre
Amrita Seattle	yes	Wed. May 8, 7 pm	Precious Echoes ¹	https://amritaseattle.org/lives-tream/
Rigdzin Ling	yes	Sat May 11, 9 am	Red Tara Tsog* & teachings with Lama Padma	https://www.chagdudgonpa.org/upcoming-schedule/red-tara-tsog-feast
Whitehorse	no	Sun May 12, 11 am	Shamatha and Concise Red Tara	Sacred Room of the Kwanlin Dün Cultural Centre
Amrita Seattle	yes	Wed. May 15, 7 pm	Precious Echoes ¹	https://amritaseattle.org/lives-tream/
Rigdzin Ling	yes	Thurs May 16, 5 pm	Guru Rinpoche- Shower of Blessings tsog & teachings with Lama Padma	https://www.chagdudgonpa.org/upcoming-schedule/guru-rinpoche-tsog-feast
Amrita Seattle	yes	Thurs May 16, 7:30 pm	Guru Rinpoche- Shower of Blessings tsog	https://amritaseattle.org/lives-tream/
PPI, California	yes	Fri May 17, 6 pm	Guru Rinpoche- Shower of Blessings tsog	Email office@atiling.org for access
Amrita Seattle	yes	Wed May 22, 7 pm	Precious Echoes ¹	https://amritaseattle.org/lives-tream/

Amrita Seattle	yes	Wed May 29, 7 pm	Precious Echoes ¹	https://amritaseattle.org/lives-tream/
Whitehorse	yes	Thurs May 30, 7 pm	Online Concise Red Tara	https://us02web.zoom.us/j/89455260015?pwd=QUYxMmxtOXIUORLRHIINDNoQWV0QT09
PPI, California	yes	Thurs May 30, 6 pm	Wish-Fulfilling Essence* with tsog. Pre-requisite: Red Tara empowerment.	Email office@atiling.org for access

*Empowerment required

¹ Precious Echoes: Recitation of Heart Sutra, Concise Red Tara, Space to Benefit beings (Chenrezig). Text is shared on screen.